## HUNTINGDONSHIRE CHILD AND FAMILY CENTRE



# December 2023

Welcome to our Child & Family Centres.

We aim to make sure families have access to the services, support and information they need in a welcoming place.

There is a small charge for some groups, but please let us know if payment may be difficult.









#### Things you need to know...

#### Charging

Some groups have a charge of  $\pm 2$  per family per session although families on a low income will be eligible for free entry. Please pay in cash on the day.

Charges for childminders - £2 per childminder and own family plus £1 for any minded child or £1 per childminder if not bringing own family members plus £1 for any minded child.

#### Booking

Booking is essential for some sessions and spaces are limited. Please call the numbers advertised below or contact us by email <u>ChildAndFamilyCentre.Hunts@cambridgeshire.gov.uk</u> or on Facebook.

#### **Privacy Notice**

The Child and Family Centre holds information about the families and individuals we support for the purposes of monitoring, evaluation and future planning of the Child and Family Centre's services as part of Cambridgeshire County Council.

The information will be held in accordance with the General Data Protection Regulation (GDPR). Further information is available on the Cambridgeshire County Council's website www.cambridgeshire.gov.uk (search Privacy Notice).

Addresses	
St Neots Child and Family Centre, Eaton Socon Site,	St Neots Child and Family Centre, Eynesbury Site
Bushmead Road, Eaton Socon, St Neots PE19 8BT	Winhills Primary Academy, Off Duck Lane, St. Neots PE19 2DX
Sawtry Child and Family Zone at Sawtry	Ramsey Child and Family Zone at Ramsey Library,
Community Centre, Green End Road, Sawtry	25 Great Whyte, Ramsey PE26 1HG
PE28 5UX	
Huntingdon Child and Family Centre, Huntingdon	Huntingdon Child and Family Centre, Huntingdon
Youth, Child & Family Centre Site, Sallowbush Road,	Nursery School Site, Ambury Road, Huntingdon
Huntingdon PE29 7AF	PE29 1AD
St Ives Child and Family Zone at Broad Leas Centre,	
St Ives PE27 5QB	

If you would like to be kept up to date about our activities by email, please ask to join our mailing list.

Monday				
<b>Messy Play</b> 9.30am to 10.30am	4, 11 Dec	A fun messy play session for children aged 6 months to 2 years. To book a space please call 01480 375216.	B £	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
Tiniest Feet 10am to 11.30am	4, 11, 18 Dec	Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks. To book a space please call 01480 372700.	B £	Eynesbury Child and Family Centre
Tiniest Feet 10am to 11.30am	4, 11, 18 Dec	Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks. To book a space please call 01480 372700.	B £	Sawtry Child and Family Zone
Crawlers to Walkers 10am to 11.30am	4, 11, 18 Dec	A stay and play session for crawlers or early walkers, who are ready to explore the world around them. Suitable for mobile babies aged 1 to 2 years. To book a space please call 01480 372700.	B £	St Ives Child and Family Zone

Monday continued				
Coffee and Chat Drop In 10am to 11am	4, 11 Dec	Come in for a cuppa, play with toys and chat with others. Child and Family Centre staff available for advice and signposting. Includes self-weigh facilities for babies over 6 weeks and baby clothes bank. For families with children up to 5 years old.		Huntingdon Youth, Child and Family Centre
Sensory SEND group 10am to 11.30am	18 Dec	A play session designed for pre- school children with emerging or diagnosed additional needs and disabilities. Sensory-rich resources and activities to encourage development. A chance for parents and carers to meet and chat in a supportive environment. Siblings welcome. Includes self-weigh facilities for babies over 6 weeks. To book a space please call 01480 372700.	В	Huntingdon Youth, Child and Family Centre
Self-Weigh 11.30am to 1.30pm	4, 11, 18 Dec	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		Huntingdon Youth, Child and Family Centre
Self-Weigh 12 noon to 1.45pm	4, 11, 18 Dec	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		Eynesbury Child and Family Centre
Music Tots 1pm to 2.30pm	4, 11 Dec	A session full of music, singing and free play. Suitable for children aged 1 to 5 years. To book a space please call 01480 372700.	B £	Little Paxton Village Hall High Street Little Paxton St Neots PE19 6EY

 $\ensuremath{\mathtt{f}}$  = There is a charge for this session

Monday continued				
English for Adults 1pm to 3pm	4, 11 Dec	Join our fun, friendly and relaxed English for Adults course in collaboration with Cambridgeshire Skills. Free crèche spaces are available for the course (no crèche for welcome session). To book a space please call 01480 375216.	В	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
Coffee and Chat Drop In 1.45pm to 2.45pm	4, 11, 18 Dec	Come in for a cuppa, play with toys and chat with others. Child and Family Centre staff available for advice and signposting. Self-weigh for babies over 6 weeks old and baby clothes bank available. For families with children, up to 5 years old.		Eynesbury Child and Family Centre

Tuesday				
Maths for Adults 9am to 11am	5, 12 Dec	Join our fun, friendly and relaxed Maths for Adults course. In collaboration with Cambridgeshire Skills. Free crèche spaces are available. To book a space please call 01480 375216.	В	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
Music Tots 9.45am to 10.45am	5, 12, 19 Dec	A fun session full of music, singing and free play in partnership with the Salvation Army. Suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B £	Salvation Army Centre 1 Field Terrace Farcet PE7 3DA
<b>Brampton Parents</b> <b>and Tots</b> 9.45am to 11.15am	12 Dec	A stay and play session for families to meet other parents and access support and advice from the Child and Family Centre team. Suitable for children aged 0 to 2 years. Run in partnership with Brampton Hub. To book a space please call 01480 372700.	В	Montague House Care Home Keeling Lane, Brampton PE28 4BS
Stay and Play Little Bears 10am to 11.30am	5, 12, 19 Dec	An all-round stay and play session with messy play, small world play, construction, and crafts. Suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B £	Judith's Field Pavilion London Road Godmanchester PE29 2WB
<b>Storytime</b> 10am to 11am	5, 12 Dec	Join us for a fun and interactive Storytime session in the library. Suitable for children aged 0 to 5 years. No booking required.		Coneygear Centre Buttsgrove Way Huntingdon PE29 1PE

B = Booking Required £ = There is a charge for this session

Tuesday continued				
Self-Weigh 10am to 12noon	5, 12, 19 Dec	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		Ramsey Child and Family Zone
Tiniest Feet 12.30pm to 2pm	5, 12, 19 Dec	Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks. To book a space please call 01480 372700.	B £	Ramsey Child and Family Zone
Pop Up Multiple Births Group 1pm to 2.30pm	5 Dec	A stay and play session for families with twins, triplets or more. Suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B £	St Ives Child and Family Zone
Stay and Play: 50 Things 1pm to 2.30pm	5, 12, 19 Dec	A stay and play session for children aged 0 to 5 years. Activities based on the 50 Things To Do Before You're Five app. To book a space please call 01480 372700.	B £	Eaton Socon Child and Family Centre
Stay and Play: 50 Things 1.30pm to 3pm 500 E	5, 12, 19 Dec	A stay and play session for children aged 0 to 5 years. Activities based on the 50 Things To Do Before You're Five app. To book a space please call 01480 372700.	B £	Huntingdon Youth, Child and Family Centre

B = Booking Required £ = There is a charge for this session

Wednesday				
Stay and Play 10am to 11.30am	6, 13, 20 Dec	A stay and play session suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B £	Bargroves Centre Cromwell Road St Neots PE19 2EY
Sensory Babies 10am to 11.30am	6, 13, 20 Dec	Fun filled sensory sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks. To book a space please call 01480 372700.	B £	Huntingdon Youth, Child and Family Centre
Self-Weigh 11.30am to 12.45pm	6, 13, 20 Dec	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		Sawtry Child and Family Zone
Tiniest Feet 12.30pm to 2pm	6, 13, 20 Dec	Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks. To book a space please call 01480 372700.	B £	St Ives Child and Family Zone
<b>Stay and Play</b> 1pm to 2pm	6, 13, 20 Dec	A stay and play session, suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B £	Somersham Victory Hall Parkhall Road Somersham PE28 3HE

Wednesday continued				
Sensory Babies	6, 13, 20	Fun filled sensory sessions for	В	Eaton Socon Child and
1.30pm to 3pm	Dec	pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks. To book a space please call 01480 372700.	£	Family Centre
Stay and Play	6, 13, 20	A stay and play session suitable	В	Wyton Primary School
1.45pm to 3pm	Dec	for children aged 0 to 5 years.		Cambridge Square
				Wyton on the Hill
		To book a space please call		PE28 2JB
		01480 372700.		

Thursday				
<b>Peep Group</b> 9.30am to 11am	7 Dec	A fun interactive session which supports parents and children to learn together through singing, games and crafts. Suitable for children aged 1 to 2 years. To book a space please call 01480 375216.	B £	Christian Centre Nene Road Huntingdon PE29 1RE
Introducing Family Foods 9.45am to 10.45am		A workshop to find out more about how to introduce your baby to your family foods. <b>14 Dec</b> – Huntingdon Youth, Child and Family Centre <b>21 Dec</b> – Eaton Socon Child and Family Centre To book a space please call 01480 372700.	B	Various locations, please see description
Self-Weigh 10am to 12noon	7, 14, 21 Dec	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		St Ives Child and Family Zone
Little Explorers 10am to 11.30am	7, 14, 21 Dec	A stay and play session for children to have fun exploring the world about them. Suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B £	Eaton Socon Child and Family Centre
<b>Stay and Play</b> 10am to 11.30am	7, 14, 21 Dec	A stay and play session suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B £	St Ives Child and Family Zone

Thursday continued				
Sensory SEND group 10am to 11.30am	14 Dec	A play session designed for pre- school children with emerging or diagnosed additional needs and disabilities. Sensory-rich resources and activities to encourage development. A chance for parents and carers to meet and chat in a supportive environment. Siblings welcome. Includes self-weigh facilities for babies over 6 weeks. To book a space please call 01480 372700.	В	Brightfields Centre St Mary's Street Farcet PE7 3AR
Pop Up Festive Fun 10am to 11.30am	21 Dec	A festive themed stay and play session with lots of crafts and activities. Suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B £	Brightfields Centre St Mary's Street Farcet PE7 3AR
Pop Up Dear Santa Storycraft 10am to 11am	21 Dec	A festive themed storycraft session. Listen to a story and then join in with themed crafts. Suitable for children aged 0 to 8 years. To book a space please call 01480 372700.	B £	Buckden Library Burberry Road St Neots PE19 5UY
Peep Group 1pm to 2.30pm	7 Dec	A fun interactive session which supports parents and children to learn together through singing, games and crafts. Suitable for babies from birth to 1 year. To book a space please call 01480 375216.	B £	Christian Centre Nene Road Huntingdon PE29 1RE

Thursday continued				
Eden Place Storycraft 1.30pm to 2.30pm	21 Dec	A multi-generational story and craft session based on classic books. Suitable for children aged 2 to 5 years with younger siblings welcome. To book a space please call 01480 372700.	B £	Eden Place Extra Care Housing Langley Court St Ives PE27 5SF
Pop Up Role Play 2pm to 3pm	14 Dec	Role-playing can build emotional awareness through purposeful play. It is an effective way of encouraging children to talk about and explore 'big feelings', that they perhaps wouldn't be comfortable engaging with directly. This group will give children lots of opportunities to get involved in various role play scenarios. Suitable for children aged 2 to 5 years with younger siblings welcome. To book a space please call 01480 372700.	B £	Huntingdon Youth, Child and Family Centre

Friday				
Self-Weigh 9.30am to 12noon	1, 8, 15, 22 Dec	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		Eaton Socon Child and Family Centre
Four to Explore 10am to 11.30am	1, 8, 15, 22 Dec	Different play themes each month for exploring health, nature, and the working world around us. Suitable for children aged 0 to 5 years. <b>1 Dec</b> – Let's Explore Winter <b>8 Dec</b> – Jingle Bells <b>15 Dec</b> – Decorate the festive tree <b>22 Dec</b> – Festive card making To book a space please call 01480 372700.	B £	Sawtry Child and Family Zone
<b>Breastfeeding</b> <b>Drop-in</b> 10am to 11.30am	1, 8, 15, 22 Dec	A breastfeeding drop-in, delivered by the Infant Feeding Team, for pregnant and breastfeeding families, offering advice and support around feeding.		Eaton Socon Child and Family Centre
Four to Explore 10am to 11.30am	1, 8, 15, 22 Dec	Four different play themes each month for exploring health, nature, and the working world around us. Suitable for children aged 0 to 5 years. <b>1 Dec</b> - Storyplay <b>8 Dec</b> – Let's Get Physical <b>15 Dec</b> – Little Builders <b>22 Dec</b> – Let's Get Festively Creative To book a space please call 01480 372700.	B £	Huntingdon Youth, Child and Family Centre

Friday continued				
Pop Up Christmas Stick Man Stay and Play 10am to 11am	22 Dec	A Christmas themed stay and play session based on The Stick Man by Julia Donaldson. Suitable for children aged 2 to 8 years with younger siblings welcome. To book a space please call 01480 372700	B £	Eaton Socon Child and Family Centre
Drop In Clothes Bank 1pm to 3pm	15 Dec	Is your child in need of some clothes? Come along to our clothes bank and take the items you need.		Eaton Socon Child and Family Centre
50 Things Friday	1, 8, 15, 22 Dec	50 Things To Do Before You're Five seeks to help every child reach important health, learning, and wellbeing milestones. We will be sharing activity ideas from the 50 Things To Do Before You're Five app you can use in your everyday routine with your children. The ideas are very simple and require low or no cost.		Facebook post:

Saturday				
Something on a	9 Dec	A stay and play session for	В	St Ives Child and Family
<b>Saturday</b> 10am to 11.30am		families who are unable to attend weekday groups. Suitable for children aged 0 to 8 years. To book a space please call 01480 372700.	£	Zone

Bookstart DecokTrust	We are continuing to offer our Bookstart Corner Programme to families who would like some strategies and free resources for introducing rhymes and stories to their little ones. It is aimed at children aged around 12 to 36 months old. If you would like further information, or a Bookstart pack, please email ChildAndFamilyCentre.Hunts@cambridgeshire.gov.uk
bilings to do	50 Things To Do Before You're Five seeks to help every child reach important health, learning, and wellbeing milestones.' We will be sharing activity ideas from the 50 Things To Do Before You're Five app you can use in your everyday routine with your children. The ideas are very simple and require low or no cost. Download the free 50 Things To Do Before You're Five app for a menu of exciting activities for families with young children.
BLIT LILE PLAY RELY RELY BLIT RELY BLIT RELY BLIT RELY BLIT RELY BLIT RELY BLIT LILE BLIT LILE B	Five to Thrive 'The things you do every day that help your child's growing brain'. We will be sharing activity ideas to help you use <i>Five to Thrive</i> in your everyday routine with your baby. The ideas are very simple and can be recreated using items you probably already have around the house!
Breastfeeding Support	Information on support available locally can be found by visiting: www.facebook.com/CambridgeshireInfantFeeding
Are you concerned about	If a child is at risk of harm, or you are concerned about the safety of a child,
the safety	please call the Contact Centre on 0345 045 5203 between 8am and 6pm,
of a child?	Monday to Friday. If it is outside office hours or at the weekend, call the First
	Response and Emergency Duty Team on 01733 234724, or the police on 999.
Support for	Keep Your Head: A new young people's mental health website for young people
Young People	and their parents/carers living in Peterborough and Cambridgeshire. The site is universally accessible and is a central point for finding good quality local and national information on keeping well, self-help, and support services covering a range of issues. www.keep-your-head.com

# Have Your Say about Cambridgeshire Child and Family Centre Services

### **Our Opening Times**



All centres will be closed between Christmas and New year.

Eaton Socon Site	Eynesbury Site	
Tuesday, Wednesday, and Friday 9.30am to 2.30pm Thursday 9.30am to 1pm	Monday 9.30am to 2.30pm	
Sawtry Zone	Ramsey Zone	
Monday 9.30am to 2pm Wednesday 12pm to 2.30pm Friday 9.30am to 2pm	Tuesday 10am to 2pm Thursday 10am to 1pm	
Huntingdon Nursery Site	Huntingdon Youth Centre Site	St Ives Zone
Monday to Friday 10am to 3pm (by appointment only)	Monday, Tuesday, Wednesday 9.30am to 2.30pm Thursday 9.30am to 1pm	Monday, Tuesday, Wednesday 9.30am to 2.30pm Thursday 9.30am to 1pm

## **Contact Us**

Get In Touch				
St Neots Child and Family Centre	St Neots Child and Family Centre			
Eaton Socon Site	Eynesbury Site			
01480 372700	01480 372700			
Sawtry Child and Family Zone	Ramsey Child and Family Zone			
01480 372700	01480 372700			
Huntingdon Child and Family Centre	Huntingdon Child and Family Centre			
Huntingdon Nursery Site	Huntingdon Youth Child and Family Centre Site			
01480 375216	01480 372700			
St Ives Child and Family Zone 01480 372700				

Email us: childandfamilycentre.hunts@cambridgeshire.gov.uk



Follow us on Instagram -@childandfamilycentres.hunts



B = Booking Required £ = There is a charge for this session



'Like' our Facebook page -Huntingdonshire Child and Family Centres





Find us on YouTube -Cambridgeshire Child and Family Centres



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