

## Your Education Inclusion Family Advisor

## **Katie Smith**

## Will be delivering the Helping your child with feelings of worry workshop at Abbots Ripton C of E Primary School On Friday 26<sup>th</sup> January 2023

The session will begin at 9.30am and last approximately 1 hour.

To book on to this face-to-face workshop, please speak to your school office.

If you are unable to attend and online would be easier, please follow the link below for our Teams link to book.

https://forms.office.com/e/4tCXXqv3PC

Education Inclusion Family Advisor's offer you an opportunity to ask for information, advice and support on any issue affecting your family life in a relaxed environment. These areas include:

- Challenging behaviour
- Routines
- Supporting emotions and wellbeing
- School transitions
- Parenting strategies
- Building resilience and confidence
- Any other family challenges you might be facing