



PSHCE long term plan



The numbers in brackets refer to the unit name in the online Personal Development Programme

	Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
Van Gogh Reception	Myself & My Relationships Beginning & Belonging (BB F)	Myself & My Relationships Family & Friends (FF F) My Emotions (ME F)	Citizenship Identities & Diversities (ID F)	Citizenship Me & My World (MW F)	Healthy & Safer Lifestyles My Body & Growing Up (BG F) Healthy Lifestyles (HL F)	Healthy & Safer Lifestyles Keeping safe (KS F)
Monet Year 1/2	Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
Cycle A 2023/2024	Myself & My Relationships Beginning & Belonging (BB 1/2) Citizenship Rights, Rules & Responsibilities (RR 1/2)	Myself & My Relationships My Emotions (ME 1/2) Anti Bullying (AB 1/2)	Citizenship Diversity and Communities (D/C 1/2)	Healthy & Safer Lifestyles Drug Education (DE 1/2)	Myself & My Relationships Managing Change (MC 1/2)	Healthy & Safer Lifestyles Relationships & Sex Education (RS 1/2)
Cycle B 2024/2025	Myself & My Relationships Beginning & Belonging (BB 1/2)	Myself & My Relationships Family & Friends (FF 1/2) Anti Bullying (AB 1/2)	Citizenship Working Together (WT 1/2) Financial capabilities (FC 1/2)	Healthy & Safer Lifestyles Managing Safety & Risks (MSR 1/2)	Healthy & Safer Lifestyles Personal Safety (PS 1/2)	Healthy & Safer Lifestyles Relationships & Sex Education (RS 1/2)
Kandinsky Year 3/4	Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
Cycle A 2023/2024	Citizenship Rights, Rules & Responsibilities (RR 3/4)	Myself & My Relationships My Emotions (ME 3/4) Anti Bullying (AB 3/4)	Citizenship Diversity & Communities (DC 3/4)	Healthy & Safer Lifestyles Drug Education (DE 3/4)	Myself & My Relationships Managing Change (MC 3/4)	Healthy & Safer Lifestyles Relationships & Sex Education (RS 3/4)

Cycle B 2024/2025	Myself & My Relationships Beginning & Belonging (BB 3/4)	Myself & My Relationships Family & Friends (FF 3/4) Anti Bullying (AB 3/4)	Citizenship Working Together (WT 3/4) Financial capabilities (FC 3/4)	Healthy & Safer Lifestyles Managing Safety & Risks (MSR 3/4)	Healthy & Safer Lifestyles Personal Safety (PS 3/4)	Healthy & Safer Lifestyles Relationships & Sex Education (RS 3/4)
Picasso Year 5/6	Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
Cycle A 2023/2024	Citizenship Rights, Rules & Responsibilities (RR 5/6)	Myself & My Relationships My Emotions (ME 5/6) Anti Bullying (AB 5/6)	Citizenship Diversity & Communities (DC 5/6)	Healthy & Safer Lifestyles Drug Education (DE 5/6)	Myself & My Relationships Managing Change (MC 5/6)	Healthy & Safer Lifestyles Relationships & Sex Education (RS 5 – Year 5) (RS 6 - Year 6)
Cycle B 2024/2025	Myself & My Relationships Beginning & Belonging (BB 5/6)	Myself & My Relationships Family & Friends (FF 5/6) Anti-Bullying (AB 5/6)	Citizenship Working Together (WT 5/6) Financial capabilities (FC 5/6)	Healthy & Safer Lifestyles Managing Safety & Risks (MSR 5/6)	Healthy & Safer Lifestyles Personal Safety (PS 5/6)	Healthy & Safer Lifestyles Relationships & Sex Education (RS 5 – Year 5) (RS 6 - Year 6)

Myself & My Relationships Anti Bullying unit to be completed during Anti Bullying week in November each year.

Healthy & Safer Lifestyles Relationships & Sex Education please refer to our RSE policy before teaching.