



September 2024



We aim to make sure families have access to the services, support and information they need in a welcoming place.

There is a small charge for some groups, but please let us know if payment may be difficult.









#### Things you need to know...

#### Charging

Some groups have a charge of £2 per family per session although families on a low income will be eligible for free entry. Please pay in cash on the day.

Charges for childminders - £2 per childminder and own family plus £1 for any minded child or £1 per childminder if not bringing own family members plus £1 for any minded child.

#### **Booking**

Booking is essential for some sessions and spaces are limited. Please call the numbers advertised below or contact us by email ChildAndFamilyCentre.Hunts@cambridgeshire.gov.uk or on Facebook.

#### **Privacy Notice**

The Child and Family Centre holds information about the families and individuals we support for the purposes of monitoring, evaluation and future planning of the Child and Family Centre's services as part of Cambridgeshire County Council.

The information will be held in accordance with the General Data Protection Regulation (GDPR). Further information is available on the Cambridgeshire County Council's website www.cambridgeshire.gov.uk (search Privacy Notice).

Addresses	
St Neots Child and Family Centre, Eaton Socon Site, Bushmead Road, Eaton Socon, St Neots PE19 8BT	St Neots Child and Family Centre, Eynesbury Site Winhills Primary Academy, Off Duck Lane, St. Neots PE19 2DX
Sawtry Child and Family Zone at Sawtry	Ramsey Child and Family Zone at Ramsey Library,
Community Centre, Green End Road, Sawtry	25 Great Whyte, Ramsey PE26 1HG
PE28 5UX	
Huntingdon Child and Family Centre, Huntingdon	Huntingdon Child and Family Centre, Huntingdon
Youth, Child & Family Centre Site, Sallowbush Road,	Nursery School Site, Ambury Road, Huntingdon
Huntingdon PE29 7AF	PE29 1AD
St Ives Child and Family Zone at Broad Leas Centre,	
St Ives PE27 5QB	

If you would like to be kept up to date about our activities by email, please ask to join our mailing list.

Monday				
English for Adults 9am to 11am	16, 23, 30 Sept	Join our fun, friendly and relaxed English for Adults course in collaboration with Cambridgeshire Skills.  To book a space please call 01480 375216.	В	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
Messy Play 9.30am to 10.30am	16, 23, 30 Sept	A fun messy play session for children aged 6 months to 2 years.  To book a space please call 01480 375216.	B £	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
Tiniest Feet 10am to 11.30am	Weekly	Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks.  To book a space please call 01480 372700.	B	Eynesbury Child and Family Centre
Tiniest Feet 10am to 11.30am	Weekly	Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks.  To book a space please call 01480 372700.	B	Sawtry Child and Family Zone
Drop-In Clothes Bank 10am to 11am	16 Sept	Is your child in need of some clothes? Come along to our clothes bank and take the items you need.  No booking required.		Huntingdon Youth, Child and Family Centre

B = Booking Required £ = There is a charge for this session

Monday continued				
Crawlers to Walkers 10am to 11.30am	Weekly	A stay and play session for crawlers or early walkers, who are ready to explore the world around them. Suitable for mobile babies aged 1 to 2 years.  To book a space please call 01480 372700.	B £	St Ives Child and Family Zone
Pop Up Crawlers to Walkers 10am to 11.30am	23 Sept	A stay and play session for crawlers or early walkers, who are ready to explore the world around them. Suitable for mobile babies aged 1 to 2 years.  To book a space please call 01480 372700.	B £	Bargroves Centre Cromwell Road St Neots PE19 2EY
Self-Weigh 11.30am to 1.30pm	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years.  No booking required.		Huntingdon Youth, Child and Family Centre
Self-Weigh 12 noon to 1.15pm	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years.  No booking required.		Eynesbury Child and Family Centre
Music Tots 1pm to 2.30pm	Weekly	A session full of music, singing and free play. Suitable for children aged 1 to 5 years.  To book a space please call 01480 372700.	B £	Little Paxton Village Hall High Street Little Paxton St Neots PE19 6EY

Monday continued				
English for Adults 1.15pm to 3.15pm	16, 23, 30 Sept	Join our fun, friendly and relaxed English for Adults course in collaboration with Cambridgeshire Skills. Free crèche spaces are available for the course.  To book a space please call 01480 375216.	В	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
Storycraft 1.30pm to 2.30pm	Weekly	Come and listen to a story, then join in with a simple themed craft activity. Suitable for children aged 0 to 5 years.  To book a space please call 01480 372700.	B £	Eynesbury Child and Family Centre
Sensory SEND group 1.30pm to 3pm	Weekly	A play session designed for preschool children with emerging or diagnosed additional needs and disabilities. Sensory-rich resources and activities to encourage development. A chance for parents and carers to meet and chat in a supportive environment. Siblings welcome. Includes self-weigh facilities for babies over 6 weeks.  No booking required.		Huntingdon Youth, Child and Family Centre

Tuesday				
Maths for Adults 9am to 11am	17, 24 Sept	Join our fun, friendly and relaxed Maths for Adults course, in collaboration with Cambridgeshire Skills. Free crèche spaces are available.  To book a space please call 01480 375216.	В	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
Music Tots 9.45am to 10.45am	10, 17, 24 Sept	A fun session full of music, singing and free play in partnership with the Salvation Army. Suitable for children aged 0 to 5 years.  To book a space please call 01480 372700.	B £	Brightfields Centre St Mary's Street Farcet PE7 3AR
Stay and Play Little Bears 10am to 11.30am	Weekly	An all-round stay and play session with messy play, small world play, construction, and crafts. Suitable for children aged 0 to 5 years.  To book a space please call 01480 372700.	B £	Judith's Field Pavilion London Road Godmanchester PE29 2WB
Storytime 10am to 11am	Weekly	Join us for a fun and interactive Storytime session in the library. Suitable for children aged 0 to 5 years.  No booking required.		Coneygear Centre Buttsgrove Way Huntingdon PE29 1PE
Self-Weigh 10am to 12noon	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years.  No booking required.		Ramsey Child and Family Zone
Multiple Births Group 10am to 11.30am	10 Sept	A stay and play session for families with twins, triplets or more. Suitable for children aged 0 to 5 years.  To book a space please call 01480 372700.	B £	St Ives Child and Family Zone

B = Booking Required

<sup>£ =</sup> There is a charge for this session

Tuesday continued				
Tiniest Feet 12.30pm to 2pm	Weekly	Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks.  To book a space please call 01480 372700.	B £	Ramsey Child and Family Zone
Stay and Play: 50 Things 1pm to 2.30pm	Weekly	A stay and play session for children aged 0 to 5 years. Activities based on the 50 Things To Do Before You're Five app.  To book a space please call 01480 372700.	B £	Eaton Socon Child and Family Centre
Stay and Play: 50 Things 1.30pm to 3pm	Weekly	A stay and play session for children aged 0 to 5 years. Activities based on the 50 Things To Do Before You're Five app.  To book a space please call 01480 372700.	B £	Huntingdon Youth, Child and Family Centre

Wednesday				
Stay and Play 9.15am to 10.45am	18 Sept	A stay and play session suitable for children aged 0 to 5 years.  To book a space please call 01480 375216.	B £	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
Stay and Play 10am to 11.30am	Weekly	A stay and play session suitable for children aged 0 to 5 years.  To book a space please call 01480 372700.	B £	Bargroves Centre Cromwell Road St Neots PE19 2EY
Sensory Babies 10am to 11.30am	Weekly	Fun filled sensory sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks.  To book a space please call 01480 372700.	B	Huntingdon Youth, Child and Family Centre
Drop-In Clothes Bank 10am to 11.30am	25 Sept	Is your child in need of some clothes? Come along to our clothes bank and take the items you need.  No booking required.		St Ives Child and Family Zone
Tiniest Feet 12.30pm to 2pm	Weekly	Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks.  To book a space please call 01480 372700.	B	St Ives Child and Family Zone

Wednesday continued				
Sensory Babies 1.30pm to 3pm	Weekly	Fun filled sensory sessions for pre-mobile babies, which help to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks.  11 Sept – Bookstart A special themed session with a free book for everyone! Come and have fun exploring rhymes, stories and songs using Bookstart resources to support your baby's communication and language development.  To book a space please call 01480 372700.	B £	Eaton Socon Child and Family Centre
Stay and Play 1.45pm to 3pm	11, 18, 25 Sept	A stay and play session suitable for children aged 0 to 5 years.  To book a space please call 01480 372700.	В	Wyton Primary School Cambridge Square Wyton on the Hill PE28 2JB
Pathway to Parenting 3pm to 5pm	4, 11, 18, 25 Sept	Pathway to Parenting is a face-to-face interactive program, covering lots of topics to help you prepare for birth, and parenthood. Suitable for parents from 20 weeks gestation.  To book a space please call 01480 372700.	В	Huntingdon Youth, Child and Family Centre

Thursday				
Peep Group 9.30am to 11am	19, 26 Sept	A fun interactive session which supports parents and children to learn together through singing, games and crafts. Suitable for children aged 18 months to 3 years.  To book a space please call 01480 375216.	B £	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
Introducing Family Foods 9.45am to 10.45am		A workshop to find out more about how to introduce your baby to your family foods.  5 Sept – Ramsey Child and Family Zone 12 Sept – Huntingdon Youth, Child and Family Centre 19 Sept – Eaton Socon Child and Family Centre To book a space please call 01480 372700.	В	Various locations - please see description
Little Explorers 10am to 11.30am	5, 12, 19 Sept	A stay and play session for children to have fun exploring the world about them. Suitable for children aged 0 to 5 years.  To book a space please call 01480 372700.	B £	Eaton Socon Child and Family Centre
Stay and Play 10am to 11.30am	5, 12, 19 Sept	A stay and play session suitable for children aged 0 to 5 years.  To book a space please call 01480 372700.	B £	St Ives Child and Family Zone

Thursday continued				
Infant Feeding Drop-In 10am to 11.30am	12, 26 Sept	A fortnightly infant feeding support group provided by NCT Birth, Feeding and You. Offering breastfeeding and infant feeding support and information. Families at all stages of parenthood including expectant parents are welcome.  No booking required.		Huntingdon Youth, Child and Family Centre
Somersham Stay and Play 10am to 11am	5, 12, 19 Sept	A stay and play session for children to have fun exploring the world about them. Suitable for children aged 0 to 5 years.  To book a space please call 01480 372700.	B £	Somersham Victory Hall Parkhall Road Somersham PE28 3HE
Self-Weigh 10.30am to 12.30pm	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years.  No booking required.		St Ives Child and Family Zone
Peep Group 1pm to 2.30pm	19, 26 Sept	A fun interactive session which supports parents and children to learn together through singing, games and crafts. Suitable for babies from birth to 18 months.  To book a space please call 01480 375216.	B £	Christian Centre Nene Road Huntingdon PE29 1RE
Drop-In Antenatal Session for Teenage Parents 1.30pm to 3pm	12, 26 Sept	A friendly, informal session run by our local Teenage Pregnancy Midwife, Nikki, with an opportunity to chat about your journey as young parents. Suitable to expectant parents under 20 years.  No booking required.		Ramsey Child and Family Zone

Friday				
Self-Weigh 9.30am to 12noon	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years.  No booking required.		Eaton Socon Child and Family Centre
Breastfeeding Drop-In 10am to 11.30am	Weekly	A breastfeeding drop-in, delivered by the Infant Feeding Team, for pregnant and breastfeeding families, offering advice and support around feeding.  No booking required.		Eaton Socon Child and Family Centre
Pop Up Tiger Who Came to Tea Stay and Play 10am to 11am	20 Sept	A themed stay and play session suitable to children aged 2 to 5 years. Younger siblings welcome.  To book a space please call 01480 372700.	B £	Eaton Socon Child and Family Centre
Four to Explore 10.30am to 12 noon	Weekly	Different play themes each month for exploring health, nature, and the working world around us. Suitable for children aged 0 to 5 years.  6 Sept – The Very Hungry Caterpillar 13 Sept - Little Builders 20 Sept – People that help us 27 Sept - Autumn  To book a space please call 01480 372700.	B	Sawtry Child and Family Zone

Friday continued				
Four to Explore 10.30am to 12 noon	Weekly	A group with different play themes each month for exploring health, nature, and the working world around us. Suitable for children aged 0 to 5 years.  6 Sept - Storyplay 13 Sept - Let's Get Physical 20 Sept - Little Builders 27 Sept - Let's Get Messy  To book a space please call 01480 372700.	B £	Huntingdon Youth, Child and Family Centre
Self-Weigh 12.30pm to 2.30pm	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years.  No booking required.		Sawtry Child and Family Zone
Drop-In Clothes Bank 1pm to 2.30pm	13 Sept	Is your child in need of some clothes? Come along to our clothes bank and take the items you need.  No booking required.		Eaton Socon Child and Family Centre
Drop-In Clothes Bank 1pm to 2.30pm	20 Sept	Is your child in need of some clothes? Come along to our clothes bank and take the items you need.  No booking required.		Sawtry Child and Family Zone
Five to Thrive Friday	Weekly	'The things you do every day, that help your child's growing brain'.  We will be sharing activity ideas to help you use Five to Thrive in your everyday routine with your baby. The ideas are very simple and can be recreated using items you probably already have around the house!		Facebook post:

Saturday				
Something on a	28 Sept	A stay and play session for	В	St Ives Child and Family
Saturday 10am to 11.30am		families who are unable to attend weekday groups. Suitable for children aged 0 to 8 years.  To book a space please call 01480 372700.	£	Zone



£ = There is a charge for this session

# **MULTIPLE BIRTHS GROUP**



Tuesday 10 September

10am to 11.30am

St Ives
Child & Family Zone

Broad Leas Centre, St Ives PE27 5QB A stay and play session for families with twins, triplets or more.

Suitable for children aged 0 to 5 years

£2 per family concessions available

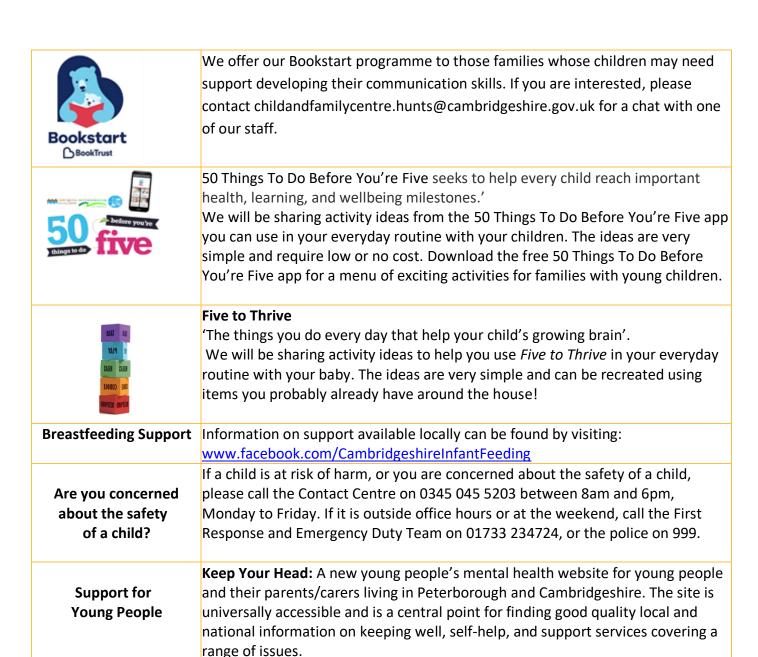
To book a space: 01480 372700





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www.keep-your-head.com

## **Our Opening Times**

Eaton Socon Site	Eynesbury Site	
Tuesday, Wednesday, and Friday 9.30am to 2.30pm Thursday 9.30am to 1pm	Monday 9.30am to 2.30pm	
Sawtry Zone	Ramsey Zone	
Monday 9.30am to 2pm Friday 9.30am to 2pm	Tuesday 10am to 2pm Thursday 10am to 1pm	
<b>Huntingdon Nursery Site</b>	Huntingdon Youth Centre Site	St Ives Zone
Monday to Friday 10am to 3pm (by appointment only)	Monday, Tuesday, Wednesday, Friday 9.30am to 2.30pm Thursday 9.30am to 1pm	Monday, Tuesday, Wednesday 9.30am to 2.30pm Thursday 9.30am to 1pm

### **Contact Us**

Get In Touch				
St Neots Child and Family Centre Eaton Socon Site 01480 372700	St Neots Child and Family Centre Eynesbury Site 01480 372700			
Sawtry Child and Family Zone 01480 372700	Ramsey Child and Family Zone 01480 372700			
Huntingdon Child and Family Centre Huntingdon Nursery Site 01480 375216	Huntingdon Child and Family Centre Huntingdon Youth Child and Family Centre Site 01480 372700			
St Ives Child and Family Zone 01480 372700				
Email us: childandfamilycentre.hunts@cambridge	shire.gov.uk			



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