

PE Long Term Plan

Abbots Ripton C of E Primary School



Year A (Follow lower year group)	Van Gogh – Reception		Monet – Yrs 1/2 (1)		Kandinsky – Yrs 3/4 (3)		Picasso – Yrs 5/6 (Yr5)	
	Session 1	Session 2	Session 1	Session 2	Session 1	Session 2	Session 1	Session 2
Autumn A	Dance Action rhymes	Fundamentals R Unit 1 Start rolling/ beanbags	Dance Yr 1 Moving Words	Multi-skills Yr 1 Unit 1	Dance Yr 3 Solar System	Games Yr 3 Ball Handling Netball	OAA UKS2 Co-operation, Communication & Consideration	Games Yr 5 Football
Autumn B	Dance Unit On parade Christmas Narrative Performance	Fundamentals R Unit 1 Balls throwing/kicking	Dance Yr 1 Moving Words Christmas Narrative Performance	Multi-skills Yr 1 Unit 1 Festival	Dance Yr 3 Solar System	Games Yr 3 Ball Handling Basketball	Dance Yr 5 Dance Styles Performance	Games Yr 5 Football Competition
Spring A	Gymnastics Shapes (floor work)	OAA Wild Wood	Gym Year 1 Jumping Jacks	Fundamentals Yr 1 Unit 1	Gym Yr 3 Patterns and pathways Competition	KS2 Multi-skills Festival	Swimming Yr 6 Tops swimming cards Assessment	Games Yr 5 Netball
Spring B	Gymnastics Move and Hold (apparatus)	OAA Wild Wood	Gym Year 1 Jumping Jacks Competition	Fundamentals Yr 1 Unit 1 Festival	Gym Yr 3 Small Apparatus	Games Yr 3 Striking & Fielding Rounders Competition	Gym Yr 5 Press and Go Competition	Games Yr 5 Netball Invasion Games Festival
Summer A	Fundamentals 2	Multi-skills festival Striking and Fielding Hitting stationary ball	Gym Yr 1 Rock and Roll	Fundamentals Yr 1 Unit 2	Dance Yr 3 Machines Performance	Games Yr 3 Striking and Fielding Cricket Festival	Gym Yr 5 Pair Composition Competition	KS2 Net Multi-skills Festival Tennis/ Badminton
Summer B	Fundamentals 2 Jump, hop, skip Physical Devt assessment	Athletics Running gears and jumping games Sports Day	Dance Yr1 Weather	Fundamentals Yr 1 Unit 2 Sports Day	Dance Yr 3 Summer Performance	Athletics Yr 3 Challenges Sports Day	Dance Yr5 On the beach Summer Performance	Athletics Yr 5 Heptathlon Sports Day

Year B	Van Gogh – Reception		Monet – Yrs 1/2 (2)		Kandinsky – Yrs 3/4 (4)		Picasso – Yrs 5/6 (Yr6)	
(Follow higher year group)	Session 1	Session 2	Session 1	Session 2	Session 1	Session 2	Session 1	Session 2
Autumn A	Dance Action rhymes	Fundamentals R Unit 1 Start rolling/ beanbags	Dance Yr2 Magical Friendships Performance	Fundamentals Yr 2 Unit 1	OAA LKS2 Co-operation, Communication & Consideration	Games Yr 4 Ball on the ground	OAA Challenge Cards	Games Yr 6 Tag rugby
Autumn B	Dance Unit On parade Christmas Narrative Performance	Fundamentals R Unit 1 Balls throwing/kicking	Gym Yr 2 Points of contact	Fundamentals Yr 2 Unit 1 Festival	Dance Yr 4 Cold Places	Games Yr 4 Ball on the ground	Dance Yr 6 Why Bully Me?	Games Yr 6 Tag rugby Competition/ Festival
Spring A	Gymnastics Shapes (floor work) Performance	OAA Wild Wood	Gym Yr 2 Points of contact Competition	Fundamentals Yr 2 Unit 2	Gym Yr4 Balance Competition	Dance Yr 4 Rugby and the Hakka Perform	Swimming Yr 6 Tops swimming cards Assessment	Games Yr 6 Hockey
Spring B	Gymnastics Move and Hold (apparatus)	OAA Wild Wood	Dance Yr2 Great Fire of London	Fundamentals Yr 2 Unit 2 Festival	Gym Yr 4 Rotation	Tag Rugby	Gym Yr 6 Group work Competition	Games Yr 6 Hockey Competition
Summer A	Fundamentals 2	Multi-skills Festival Striking and Fielding Hitting stationary ball	Gym Yr 2 Ball, wall and tall	Athletics Tops Cards	Gym Yr 4 Rotation Competition	Athletics Yr 4 Pentathlon	Gym Yr 6 Body Symmetry	Dance Yr 6 Football
Summer B	Fundamentals 2 Jump, hop, skip Physical Devt assessment	Athletics Running gears & jumping games Sports Day	OAA Trails, Trust & Teamwork Challenge Cards	Striking and Fielding Sports Day	Dance Yr 4 Summer Performance	Athletics Yr 4 Pentathlon Sports Day	Dance Yr 6 Summer Performance	Athletics Decathlon Sports Day

Key **Bold type** – Assessment tasks

Part 1 Cambridgeshire Scheme of Work for Physical Education

Part 2 Cambridgeshire Scheme of Work for Physical Education

TOP Sport Cards Challenge Cards

Seasonal Performance (Christmas/Summer Productions)