



## PSHCE long term plan



The numbers in brackets refer to the unit name in the online Personal Development Programme

	Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
Van Gogh Reception	<b>Myself &amp; My Relationships</b> Beginning & Belonging (BB F)	<b>Myself &amp; My Relationships</b> Family & Friends (FF F) My Emotions (ME F)	<b>Citizenship</b> Identities & Diversities (ID F)	<b>Citizenship</b> Me & My World (MW F)	<b>Healthy &amp; Safer Lifestyles</b> My Body & Growing Up (BG F) Healthy Lifestyles (HL F)	<b>Healthy &amp; Safer Lifestyles</b> Keeping safe (KS F)
Monet Year 1/2	Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
Cycle A	<b>Myself &amp; My Relationships</b> Beginning & Belonging (BB 1/2) <b>Citizenship</b> Rights, Rules & Responsibilities (RR 1/2)	<b>Myself &amp; My Relationships</b> My Emotions (ME 1/2) Anti Bullying (AB 1/2)	<b>Citizenship</b> Diversity and Communities (D/C 1/2)	<b>Healthy &amp; Safer Lifestyles</b> Drug Education (DE 1/2)	<b>Myself &amp; My Relationships</b> Managing Change (MC 1/2)	<b>Healthy &amp; Safer Lifestyles</b> Relationships & Sex Education (RS 1/2)
Cycle B	<b>Myself &amp; My Relationships</b> Beginning & Belonging (BB 1/2)	<b>Myself &amp; My Relationships</b> Family & Friends (FF 1/2) Anti Bullying (AB 1/2)	<b>Citizenship</b> Working Together (WT 1/2) Financial capabilities (FC 1/2)	<b>Healthy &amp; Safer Lifestyles</b> Managing Safety & Risks (MSR 1/2)	<b>Healthy &amp; Safer Lifestyles</b> Personal Safety (PS 1/2)	<b>Healthy &amp; Safer Lifestyles</b> Relationships & Sex Education (RS 1/2)
Kandinsky Year 3/4	Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
Cycle A	<b>Citizenship</b> Rights, Rules & Responsibilities (RR 3/4)	<b>Myself &amp; My Relationships</b> My Emotions (ME 3/4) Anti Bullying (AB 3/4)	<b>Citizenship</b> Diversity & Communities (DC 3/4)	<b>Healthy &amp; Safer Lifestyles</b> Drug Education (DE 3/4)	<b>Myself &amp; My Relationships</b> Managing Change (MC 3/4)	<b>Healthy &amp; Safer Lifestyles</b> Relationships & Sex Education (RS 3/4)

<b>Cycle B</b>	<b>Myself &amp; My Relationships</b> Beginning & Belonging (BB 3/4)	<b>Myself &amp; My Relationships</b> Family & Friends (FF 3/4)  Anti Bullying (AB 3/4)	<b>Citizenship</b> Working Together (WT 3/4)  Financial capabilities (FC 3/4)	<b>Healthy &amp; Safer Lifestyles</b> Managing Safety & Risks (MSR 3/4)	<b>Healthy &amp; Safer Lifestyles</b> Personal Safety (PS 3/4)	<b>Healthy &amp; Safer Lifestyles</b> Relationships & Sex Education (RS 3/4)
<b>Picasso Year 5/6</b>	<b>Autumn A</b>	<b>Autumn B</b>	<b>Spring A</b>	<b>Spring B</b>	<b>Summer A</b>	<b>Summer B</b>
<b>Cycle A</b>	<b>Citizenship</b> Rights, Rules & Responsibilities (RR 5/6)	<b>Myself &amp; My Relationships</b> My Emotions (ME 5/6)  Anti Bullying (AB 5/6)	<b>Citizenship</b> Diversity & Communities (DC 5/6)	<b>Healthy &amp; Safer Lifestyles</b> Drug Education (DE 5/6)	<b>Myself &amp; My Relationships</b> Managing Change (MC 5/6)	<b>Healthy &amp; Safer Lifestyles</b> Relationships & Sex Education (RS 5 – Year 5) (RS 6 - Year 6)
<b>Cycle B</b>	<b>Myself &amp; My Relationships</b> Beginning & Belonging (BB 5/6)	<b>Myself &amp; My Relationships</b> Family & Friends (FF 5/6)  Anti-Bullying (AB 5/6)	<b>Citizenship</b> Working Together (WT 5/6)  Financial capabilities (FC 5/6)	<b>Healthy &amp; Safer Lifestyles</b> Managing Safety & Risks (MSR 5/6)	<b>Healthy &amp; Safer Lifestyles</b> Personal Safety (PS 5/6)	<b>Healthy &amp; Safer Lifestyles</b> Relationships & Sex Education (RS 5 – Year 5) (RS 6 - Year 6)

Myself & My Relationships Anti Bullying unit to be completed during Anti Bullying week in November each year.

Healthy & Safer Lifestyles Relationships & Sex Education please refer to our RSE policy before teaching.